

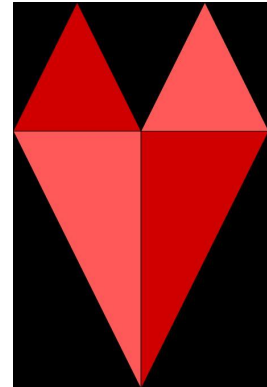
## February 2023 PHX MQG Block Lottery

### Rectangular Hearts

Any red or pink fabric with a black (dark) background

There are many options to make this block...

- Applique a heart onto a 6-½" x 9-½" background
- Paper piece the block with foundation templates (see below)
- Piece rectangular components (see pg 2)
- You could even use embroidery!



Note - if you don't like the pointy tips of the heart, feel free to chop them off and add more background!

### Paper Piecing

Print the FPP pattern and cut the top and bottom sections apart.

Gather fabric pieces large enough to cover the corresponding sections.

- For the upper heart sections, start with 2 red 4" squares and 4 black 4" x 5" pieces.
- For the lower heart sections, start with 2 red and 2 black 4" x 7" pieces

Paper piece the heart. Find FPP tutorials from True Blue Quilts at

<https://youtube.com/playlist?list=PLGHaRWS2ydutJFNxexkvimgmLeCS8AUDa>

Basic paper piecing instructions:

- Glue the first piece of fabric to the paper, wrong sides together
- Fold the paper between section 1 and section 2
- Trim the fabric at ¼"
- Add the next piece of fabric in line with the first. Pin in place, outside of the seam allowance
- Unfold the paper and get ready to sew.
- With the paper side up, sew along the line between sections 1 and 2. Start and stop exactly on the line.
- Open the fabric so it covers section 2 and press.
- Repeat as necessary to complete the block, following the steps to fold the paper, trim the previous fabric, add the next piece of fabric, then sew and press.

The FPP pattern can be downloaded here:

<https://drive.google.com/file/d/1HONR4uWLim85uW02LASg3MtVya3UPS-d/view?usp=sharing>

Click "File - Make a Copy" to save to your own computer.

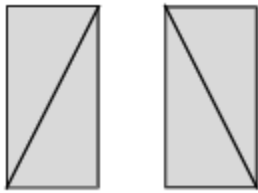
Be sure that your printer is NOT set to "Scale to Fit"

### Traditional Piecing

The heart consists of 4 small rectangles (2" x 3.5") and 2 large rectangles (3.5" x 6.5")

Small units: Cut 2 red and 2 black rectangles at 3" x 5". Large units: Cut 1 red and 1 black rectangle at 5" x 8". Pair a red and black rectangle with right sides UP.

Cut each pair on the opposite diagonal so you have an uphill and downhill triangle.



Rotate the cut pieces so you have groups of triangles.



Lay a red triangle on top of a black triangle, right sides together, along the diagonal edge. You will have two "peaks" as you sew. Always pair the uphill together, and the downhill together.



Press the seam open and trim to the required size: small at 2" x 3.5", large at 3.5" x 6.5".

When you pair the uphill and downhill rectangles, you will have triangles that form the full heart.

